

Lesson 5

Specification Reference: C3 Bones

1. **Set Lesson Objectives**
2. **Review of test A1 and A2.**
 - Hand back marked tests and allow time to read through.
 - On a piece of A4 lined paper students make notes on common mistakes and correct ways of answering certain questions.
3. **Introduce 'BONES' section.**
 - hand out divider and discuss what is included in section very briefly.
 - use divider to highlight what we will be looking at this lesson.
4. **Class reads p. 106 (GCSE PE for EdExcel) up to (not including) 'bone growth'.**
5. **Complete 'Bone Growth' worksheet. Filling in blank spaces using passage on p.106 GCSE PE for EdExcel.**
6. **Copy composition of bone OHP with labels + Descriptions OHP.**

Extension Tasks

Read 'GCSE PE For Edexcel' *Bones as a factor affecting performance, Health Issues about bones, Osteoporosis, How to look after your bones.*