

Phase	Objective	Activities	Testing / Competition
Passing & Receiving on the Move	<p>To comprehend and grasp how to confidently perform with accuracy, these movements in all directions correctly and safely</p> <p>To be able to confidently perform with accuracy, pivots and stops when passing, receiving, and moving forward, back and to the sides.</p> <p>To further develop their performances of these passes, why these passes are used, and where they are used in Netball.</p> <p>To be able to confidently perform with accuracy, the signal used in Netball</p> <p>To comprehend and grasp how to confidently perform with accuracy, the signal and the importance of it in Netball</p> <p>To be able to analyse performances and identify strengths and weaknesses in Passing and receiving on the move</p> <p>To confidently perform with accuracy, at speed, height, distance, strength or accuracy when passing and receiving on the move</p> <p>To be accurate in the replication of actions, phrases and sequences when passing and receiving on the move</p>	<p>1. In pairs – 5m apart A uses chest passes to B whom is moving forward and catches the ball on the move - 5 times each</p> <p>Use bounce and shoulder passes to their partners when they are moving forward & back</p> <p>In 3's – Pass to partners over a defender</p> <p>On 1,2,3 - Pass ball to the right of partner who catches using correct footwork - Pass ball to left</p> <p>Pairs, pass against the wall and catch the rebound</p> <p>Pupils do tasks in silence – so they now signal</p> <p>Clapping game. Pass and clap whilst ball in air</p> <p>In 3's pass and move down netball pitch</p> <p>As above, but throw and catch using one hand</p>	<p>5 V 5 Pass when players in space only</p> <p>5 v 5 games</p>
	Assessment	Theoretical PE	Resilience
	<p>Q & A: Are they outwitting their opponent with new strategies, passing and movements</p> <p>☑ Partners assess the passes</p> <p>Q & A: When would you use the bounce pass in a match?</p> <p>Q & A: When would you use the shoulder pass in a match?</p> <p>☑ Assess the bounce passing skills used</p> <p>☑ Assess the shoulder passing skills used</p> <p>☑ Can a player intercept the pass?</p> <p>☹ Define what a good shoulder pass would be</p> <p>☑ Assess the actions when trying to watch and judge the flight of the ball when they are passing and receiving on the move</p>	<p>The components of fitness.</p> <p>Throughout the lesson, look at the components of fitness needed for example balance (to remain composed) when receiving the pass on the move. Other examples should be identified.</p> <ul style="list-style-type: none"> ● Balance ● Cardiovascular Endurance ● Coordination ● Flexibility ● Muscular Endurance ● Power ● Reaction time ● Strength ● Speed 	<p>How do you bounce back from an inaccurate shoulder pass</p> <p>Students must adapt at all times</p> <p>What have they learnt from their mistakes</p>
Maths	Rounding		
English	Understanding the conventions of the super hero genre e.g. back story, character flaw etc.		
Science	Forces		
Equipment	Half and Full Netball court, Netballs, Posts , Cones / Markers, Bibs, Whistle, Stopwatch, Peer evaluation sheets		