Scheme of Work	Rounders

Phase
Ball Familiarisation

Objective
To develop players' confidence in handling the ball
To further their understanding, knowledge, awareness and mental capacity of the basic fundamentals of Rounders
To be able to confidently perform with accuracy, and know how to confidently perform with accuracy, under control different types of catches
To understand the laws governing Catching and fielding in Rounders
To develop the throwing and catching precision, control and fluency skills.
To be accurate in the replication of actions, phrases and sequences found in Rounders
To develop the players' confidence in handling the ball and improve communication

Activities
Reaction pairs: In pairs - player one stands still and acts as the feeder, throwing the ball to player 2's limits from 5m.
Player 2 catches the ball and throws accurately back to player 1 hand.
30seconds each, then swap
5M Apart.
A – B, B – C, C – D, D – E, E – F, F – A and so on
players stand in a loose circle, short passes randomly, shouting peoples names, only throwing to people who are ready

Testing / Competition
How many catches in one minute
Players stand in a loose circle, numbered 1 – 8/10,
no consecutive numbers may stand side by side.

Assessment
Observe performances, skills and techniques.
👁 Assess the mistakes made when catching
☑ Evaluate the close catching skills
☑ Evaluate the different types of catches used when fielding
☑ Evaluate the different types of getting someone out
Record number of catches

Theoretical PE
Mental Preparation for performance. (Personality Types)
Students are introduced to the characteristics of an introvert; Shy, quiet, thoughtful and prefer to be on their own.

Resilience
How do you bounce back from a poor attempt.
How do you react to a dropped catch.

Maths	Perimeter
English	Share issues about secondary school transition.
Science	Fuels

Equipment	Tennis Balls, Cones, Bats, spoon bats, Rounders Sheets, Windballs, Rounders Balls, Pen, Whiteboard, Video Player, Digital Camera, TV, Video, Tees, Scoresheets, peer evaluation handouts