

Scheme of Work	Rugby Union		
Phase	Objective	Activities	Testing / Competition
Ball Familiarisation	<p>To further their understanding, knowledge, awareness and mental capacity of the basic fundamentals of Rugby</p> <p>To understand the rule of passing in Rugby</p> <p>To be able to confidently perform with accuracy, and know how to confidently perform with accuracy, under control the basic skills</p> <p>To develop the variety of skills they use for moving with the ball</p> <p>To comprehend and grasp the concept of running forwards and passing backward</p>	<p>2 pupils are on chasing group in 10 x 10 grid. Must tag hips of opponent to tag them or grab</p> <p>Move ball around body parts (fig. Of 8, through knees)</p> <p>Catch the ball, above head, at both sides, and behind back.</p> <p>Walking and catching</p>	<p>How many backward passes do they make in 1 minute whilst running around the 22m grid</p> <p>B'ball game</p>
	Assessment	Theoretical PE	Resilience
	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Use baseline tests with Rugby and record scores 👁️ Assess the weak attempts <p>Observe performances, skills and techniques</p> <ul style="list-style-type: none"> 👁️ Assess what skills need to improve when catching the ball 👁️ Assess the hand and eye co-ordination when performing a pass to reduce the chances of losing possession 👁️ Assess the hand and eye co-ordination when passing 👁️ Judge the mistakes catching the ball 	<p>Musculoskeletal system;</p> <p>Structure of the skeleton;</p> <p>Students performing or observing</p>	<p>Make sure your learners have time to have fun.</p> <p>How do you bounce back from dropping a catch</p> <p>Praise effort</p> <p>How are the students motivated to succeed</p>
Maths	Number addition and subtraction through Scoring..... How many points for a conversion and a try? Students use the score cards to add up the score.		
English	Share issues about secondary school transition.		
Science	Homeostasis		
Equipment	Rugby Balls, Cones, Markers, Whistle, Bibs, Stopwatch,		