Football

3

	Y	A	N
• Tackle an opponent with enough accuracy so that it occasionally goes to team mates.	☐	☐	☐
• Tackle a player with enough accuracy that it occasionally goes to team mates	☐	☐	☐
• Tackle a player with enough accuracy so that it occasionally dispossesses a player.	☐	☐	☐
• Tackle a player but lacks any real power or accuracy.	☐	☐	☐
• Co-ordinate body parts in an attempt to tackle an opponent.	☐	☐	☐
• Co-ordinate body parts in an attempt tackle a player but with limited success.	☐	☐	☐
• Ask how you can improve your tackling technique.	☐	☐	☐
• Ask how I can improve my tackling skills.	☐	☐	☐

4

	Y	A	N
• Use limited tackling skills and basic tactics when defending individually in a bit to outwit an opponent.	☐	☐	☐
• Use different parts of the foot when tackling an opponent.	☐	☐	☐
• Use block tackling but it is weak.	☐	☐	☐
• Think of more than one way to be successful when performing a tackle.	☐	☐	☐
• Demonstrate sound tackling technique.	☐	☐	☐
• Comment on your own and others tackling skills and actions and explain how these can improve the overall performance (e.g. poor body positioning).	☐	☐	☐
• Apply and demonstrate basic safety principles when warming up, tackling an opponent.	☐	☐	☐

5

	Y	A	N
• Use your non dominant foot when tackling the ball in game situations.	☐	☐	☐
• Use a range of tackling techniques.	☐	☐	☐
• Use a range of tackling skills and techniques showing fluency and control to outwit individuals or in small sided game situations.	☐	☐	☐
• Use a range of tackles (block, poke, slide) to dispossess opponents.	☐	☐	☐
• Tackle and beat opponents easily.	☐	☐	☐
• Tackle accurately with some power.	☐	☐	☐
• Lead practices specific to tackling safely with small groups.	☐	☐	☐
• Identify the need to improve tackling techniques and implement these improvements during play.	☐	☐	☐

Tackling

6

	Y	A	N
• Use tackling skills with fluency and control, showing more precision when time and space allow and incorporate these when attempting to outwit opponents (e.g. successful tackle completion and beating an attacker. Be imaginative in my attempts to outwit when attacking or defending).	☐	☐	☐
• Tackling an opponent with fluency and control, showing more precision when time and space allow and incorporate these when attempting to outwit opponents (e.g. beating an attacker).	☐	☐	☐
• Tackle the ball accurately and powerfully.	☐	☐	☐
• Tackle a player well on the move and develop feints to beat opponents.	☐	☐	☐
• Make minimal errors when tackling.	☐	☐	☐
• Lead tackling specific practices, applying rules consistently. Describe how involvement in physical activity benefits a healthy lifestyle.	☐	☐	☐
• Lead specific practices for tackling the ball, applying rules consistently.	☐	☐	☐
• Disposes opponents very easily.	☐	☐	☐
• Be imaginative in your attempts to outwit when tackling an opponent.	☐	☐	☐
• Analyse how tackling skills/techniques have been used in activities to outwit opponents and describe the impact of this, suggest ways to improve.	☐	☐	☐

Notes:

Notes:

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Football

7

	Y	A	N
• Understand how tackling skills, tactics and fitness relate to the quality of performance in attack and/or defence.			
• Tackle a player using a range skills when performing on the move.			
• Select and use advanced tackling skills and techniques to outwit an opponent (e.g. competent use of weaker foot).			
• Evaluate the quality of your own and others tackling performance and make decisions on how this can be improved (e.g. Controlling the ball).			
• Beat opponents using different tackling skills.			

8

	Y	A	N
• Plan a detailed training programme for a performer that relates to tackling the ball, taking into consideration my strengths, weaknesses and show a technical understanding of how to overcome problems faced in Football.			
• Lead others in activities/warm ups and be able to individually set up practices and enhance other students tackling performances and learning.			
• Critically evaluate the quality of your own and others performance, showing that you understand the impact of tackling skills, strategy and tactics on the quality of performance when trying to outwit opponents.			
• Consistently show high standards of precision, control, fluency and originality when outwitting opponents through tackling an opponent e.g. control, quality use of weaker foot within all aspects of Football.			
• Consistently distinguish between advanced tackling skills, techniques and ideas and apply this when outwitting opponents by wrong footing opponents regularly.			

9

	Y	A	N
• Reach judgements independently about how my own and others' performance when tackling an opponent could be improved, prioritising aspects for further development when attacking, defending and outwitting opponents.			
• Critically analyse and judge my own and others' performance tackling the ball, showing that you understand how skills, strategy and tactics and fitness relate to and affect the quality and originality of performance when outwitting opponents.			
• Consistently demonstrate complex skills when tackling an opponent and successfully adapt these to changing situations within game play to gain ascendancy over teams or opponents when attacking/defending.			
• Consistently use and apply advanced tackling skills, techniques and ideas when outwitting opponents, always showing high standards of precision, control, fluency and originality when tackling, also a quality use of weaker foot.			

Tackling

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