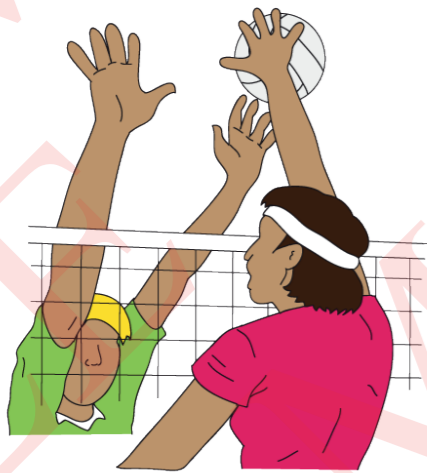


Volleyball

3

Y A N

- Display confidence to play a block in small conditioned games.
- Show little control when performing a block.
- Sometimes lack height when jumping to block the ball.
- Sometimes have difficulty blocking.
- Sometimes be ineffective within games when blocking.
- Often land forward when blocking and fouling.
- Co-ordinate body parts in an attempt to block against an opponent in a bid to outwit them.
- Suggest a reason how it might be possible to use a block to outwit a partner on court.
- Sometimes make incorrect contact on arms and hands with the ball when attempting to perform a block.
- Sometimes demonstrate poor co-ordination when attempting to perform a block.
- Ask how you can improve your blocking skills.
- Recognise when you do not perform a block correctly.
- Often land forward when blocking and fouling.



4

Y A N

- Change body position in an attempt to block against an opponent.
- Comment on my own and others' blocking skills and how these can improve the overall performances e.g. unsuccessful shot, poor body positioning.
- Demonstrate reasonable accuracy when performing a block.
- Improve your timing when blocking.
- Recognise and state your own and others strengths and weaknesses when trying to outwit through effective blocking.
- Think of ways on how to improve your block when performing in game situations.
- Think of ways to be successful when outwitting an opponent when blocking.
- Use limited skills and basic tactics in attacking and defending shots in conditioned games to try and outwit opponents when blocking

5

Y A N

- Lead blocking specific practices safely and explain how the body reacts during activity.
- Be accurate when blocking.
- Block the ball with ideal height, accuracy and precision.
- Identify and comment on what you need to do to improve your block and use this to find out how to outwit opponent(s) in volleyball.
- Lead blocking specific practices safely and explain how the body reacts during activity.
- Modify and refine skills such as a block.

Blocking

6

Y A N

- Analyse how blocking skills and techniques have been used to solve problems in attack and defence, describing the impact of block skills.
- Approach and hit, but lack specific power when performing a block.
- Block adequately and you are able to read the hitter.
- Consistently block with accuracy, speed and control when performing.
- Outwit opponents consistently using good accuracy, fluency and height control within rallies, showing more precision when time and space allow when performing a block (e.g. appropriate shot selection, hitting into the deep spaces).
- Show correct body position when blocking.

Notes:

Notes:



